



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
SCHOOLS DIVISION OF LUCENA CITY



24 June 2025

DIVISION MEMORANDUM

No. 243, s. 2025

**Implementation of Learners' Health Assessment and Screening (LHAS)
for School Year 2025-2026**

TO: Asst. Schools Division Superintendent
Chief Education Supervisors – SGOD & CID
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

1. In compliance with **DepEd Memorandum No. 050, s. 2025**, and in support of the Department of Education's commitment to promoting the health and well-being of learners, the **Learners' Health Assessment and Screening (LHAS)** shall be conducted for all public elementary and secondary school learners for School Year 2025-2026.
2. This program aims to systematically assess the overall health status of learners, including their vision, hearing, nutritional condition, dental health, and mental well-being. It also seeks to identify potential health concerns at an early stage, provide timely interventions, and strengthen school health services. Furthermore, the program promotes greater awareness and engagement among parents and guardians in supporting their children's health.
3. The designated grade levels for each activity, as well as the corresponding focal persons responsible for their execution and the timeframe each activity should be done, are outlined below.

Activity	Grade Level	Focal Person	SDO Counterpart	Timeframe
Master listing	All learners	School Clinic Focal	Medical Officer III/Nurse II designated to coordinate medical and nursing services	July 7-25,2025




Address: Lucena West I ES Compound, M.L. Tagarao St. Brgy. Ilayang Iyam, Lucena City

Contact Nos.: (042) 421-4161/421-4162/421-5137

Email Address: lucena.city@dened.gov.ph

Baseline Nutritional Assessment	K to G6	School Clinic Focal		June 16- July 26, 2025
Vision and Hearing Screening	K, G1, G7	Clinic Focal/Teacher		July 7-25,2025 onwards
Health History Intake and General head to toe assessment	All learners	School Clinic Focal		July 7,2025 onwards
Oral Health Screening	All learners		Dentist II	July 11,2025 onwards
Psychosocial Screening (HEEADSSS)	G4 to G12	Schools Registered Guidance Counselor and/or Guidance Advocate / Trained Non-Teaching personnel	Division Focal/ Designated Program	August 11- December 19,2025
Universal Mental Health Screening (CARS)	All learners		Coordinators of the School Mental Health Program and the Adolescent Reproductive Health Program and Schools Division Counselor when already hired, or any equivalent SDO personnel designated to coordinate guidance and counselling services.	August 11- December 19,2025

4. Forms and templates related to the implementation of the LHAS can be accessed through <https://bit.ly/DepEdLHASSY2526Forms>. For further inquiries or clarifications, you may contact **Dr. Janel A. Romasanta**, Medical Officer III, or **Nurse Yvan Jonas A. Tolentino** at the School Health and Nutrition Unit, School Governance and Operation Division, through telephone number **(042) 421-4161 or Local number 252.**"


SUSAN D.L. ORIBIANA
Schools Division Superintendent